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Research Article

Does Lower Eyelid Full Thickness Reconstruction Always Need Local Flap Under the Cartilage Graft?

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Abstract

Background: BCC and SCC are common eyelids skin cancers may need more consideration in full-thickness involvement. Incomplete reconstruction in depth or in width can result in loss of strong support and skin shrinkage, and lid retraction, respectively. Sandwich auricular graft between inner flap/graft and overlying skin flap is generally accepted by surgeon.

Patients and methods: 15 patients with BCC or SCC in lower eyelid region who expected to have full thickness defect during cancer surgery, entered a descriptive study. During procedure after tumor resection with safe margin reconstruction was done as harvesting concha cartilage and fixation to peripheral conjunctiva and coverage via regional skin flaps. Raw surface of cartilage was left intact to be re-epithelialized. Demographic and intra-operative evaluations were recorded and analyzed.

Results: 6 women and 9men underwent surgery. 3 SCC and 12 BCC were resected. tumors were mostly toward lateral cantus. The mean length of lining defect after tumor resection was 21 mm. reconstruction of skin defects were as different skin flaps over the cartilage.

Discussion: full thickness lower eyelid reconstruction demands well peripheral tissues to achieve long-term results. In primary cancers, there are numerous cutaneous and musculocutaneous flaps to transfer the defect area and cover the fixed cartilage as supporting structure. This well-nourished flap not only covers the skin defect, but also provide conditions that cause re-epithelialization over the cartilage without any complication.

Conclusion: full-thickness lower eyelid defects can be reconstructed with auricular autograft and then skin coverage by regional flaps without need to inner coverage under cartilage

Keywords: Skin cancer; auricular autograft; lower eyelid reconstruction, lid retraction, re-epithelialization

Introduction

Skin cancers especially BCC and SCC are commonly seen in various parts of the body, especially in face which encounters sun rays. Lower eyelids are not uncommon site for different presentations of such cancers. According to accepted protocols safe margin should be respected in surgeries which may be up to 4-6 mm in BCCs and 10 mm in SCCs [1]. Severe scarring and malposition of

the lower eyelid following cancer surgery are usually challenging for surgeons to reach ideal aesthetic and functional results. This goal can be achieved via respecting to full thickness reconstruction [2]. Lower eyelid is less complex than upper lid with more laxity, though long-term morbidity makes it important to be corrected properly [3]. Full thickness defects of lower eyelid predispose eye to trauma

and should be considered as soon as possible. Thus, numerous options introduced to improve results. Generally accepted solution is three-layer reconstruction. Cartilage graft-harvested from ear or ribs among other layers prevent subsequent contracture and provides structural support [4]. We tried to share our experiences in intraoperative approach to manage full thickness lower eyelid defects with only cartilage graft and overlying skin flap.

Patients and Methods

15 patients with skin cancer of lower eyelid who referred for oncoplastic surgery and had wide local tumor excision and full thickness defect, included in the study (Figure 1). Patients had signed informed consent and had received enough information about plans and ultimate outcome. Exclusion criteria included major comorbidities interfering with reconstruction, patient

disagreement, and previous eye surgeries of cornea. In all patients after tumor resection and confirming safe margin by frozen tissue diagnosis, ipsilateral concha was harvested via lateral auricular incision and prepared to use (Figure 2). As the resulted defect had full-thickness 3 layers, at first, this cartilage block sutured to the borders of lining defect with fine absorbable sutures meticulously to cover inner layer defect (Figure 3). Upon satisfaction of internal repair and confirmation of negative margin by frozen section, according to patients' condition and defect size, a reconstructive regional or local flap was chosen, and ultimate coverage completed (Figure 4). In postoperative period, patients received artificial tear drops and topical ointments until gradually internal wounds healed without any difficulty or problems and superficial lining covered over the cartilage smoothly with no footprint. All the demographic and operative data gathered and recorded.



Figure 1: 48 years old woman with right lower eyelid BCC and full thickness excision.



Figure 2: Prepared concha cartilage according to defect size.



Figure 3: Cartilage fixation in the depth of excised eyelid.



Figure 4: Mustarde cheek flap lying over the cartilage and final reconstruction.

Results

15 patients entered the study completed the questionnaire. 6 patients were women (40%), and mean age was 60.06 years old. Of 15 patients, 3 cases (20%) were SCC, and the others were BCC. As the lesions were categorized according to the medial, middle, and lateral thirds of lower lid, this distribution illustrated in Table 1.

All the cartilages harvested from the ipsilateral concha according to the defect size. Overlying coverage completed by local and regional flaps demonstrated in Table 1. The mean size of resulted lining defect length after cancer surgery was 21 mm. according to that sizes cartilage was harvested. Reconstruction of skin defects planned according to general condition of patients and sizer of defect.

Table 1: Demographic and intraoperative findings of patients.

Age	Gender m/f	Cancer	Location	Defect size (mm)	Reconstruction
50 yrs	f	BCC	Middle and lateral third	40	Upper lid flap
70 yrs	f	BCC	Lateral third	12	Upper lid flap
64 yrs	m	SCC	Medial third	18	mustarde flap
54 yrs	m	BCC	Lateral third	15	Cheek rotation flap
48 yrs	m	SCC	Lateral third	19	Upper lid flap
58 yrs	f	BCC	Medial third	22	Cheek Advance flap
62 yrs	m	BCC	Middle and medial third	32	Reciprocal flap
72 yrs	m	BCC	Lateral third	16	mustarde flap
63 yrs	f	BCC	Medial third	17	transverse vy flap

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55 yrs	m	BCC	Medial third	12	Nasolabial flap
48 yrs	f	SCC	Lateral third	20	Mustarde flap
52 yrs	m	BCC	Medial third	13	Upper lid flap
56 yrs	m	BCC	Middle and lateral third	42	Upper lid flap
73 yrs	m	SCC	Lateral third	19	transverse vy flap
76 yrs	f	BCC	Middle third	18	transverse vy flap

SCC: squamous cell cancer; BCC: basal cell cancer.

Discussion

Full-thickness defects following tumor excision of lower eyelid demands comprehensive approaches, as any underestimation in reconstruction may lead to long-term sequels. Skin flaps without structural support may loss its primary shape and contour. Providing all three layers has its own difficulties and failures. Our study illustrated experiences on gradually epithelialization over the grafted cartilage, which is covered with well-nourished skin flaps. This process did not need lining layer via graft or mucosal flaps- which mostly would be resorbed due to flap lossand cartilage survival was guaranteed under proper cutaneous or musculocutaneous flaps. Parodi et al. (2008) presented their experience with Matsuo's technique on 23 patients with lower eyelid defects and they used remaining conjunctive to cover the cartilage and reported good results in their patients (4). We sutured the rim of remained conjunctiva to the margin of cartilage and let the surface free to be re-epithelialized gradually without complication.

Yamamoto et al. (2017) used oral mucosa and ear cartilage as internal support of lower eyelid reconstruction in 13 patients. After tumor resection, they harvested enough oral mucosa- primarily from inner side of lower lip- and sutured to the conjunctiva [5]. The other processes were the same us. They reported they had not corneal irritation or similar complication. This approach is standard and generally accepted by surgeons, but we omitted the first part of surgery and all conditions that promoted their graft survival, promoted re-epithelialization over our cartilages, too. As discussed by Alghoul et al. (2019) key point in reconstruction of preseptal defects is avoiding inferior vectors of pull, any try to reconstruction, would be less effective, if you do not mind it [6]. We considered that by applying regional skin flaps which diminished long-term retraction and ectropion. Matsuo technique to reconstruct lower lid defects, which had been used by Alves et al. (2012), is commonly accepted [7,8]. Though, chonderitis and conjunctivitis seem to be annoying, and in scare situations caused severe infections, our results again confirmed that providing well-nourished flaps over cartilage may protect it from inflammation and destruction and even sever cornea irritation. Surgeons who are familiar with periorbital skin flaps have proper options to consider during reconstruction, as mentioned by Griffin et al. [9], intact skin in lateral orbit bring you valuable musculocutaneous flaps that prevent future retraction and additional complications, we did accordingly and had the least wound dehiscence after repair. In a study by Liao et al. (2019) on

long-term results of autologous auricular graft, they evaluated results in cartilage graft survival following lower fornix contracture reconstruction, and they demonstrated good results in recipient and donor sites [10]. Also, our outcomes were incompatible with their results, and we have not any donor site morbidity. In the conjunctiva we only had few small inflammation treated by local treatments or disappeared spontaneously without intervention.

Conclusion

Lower eyelid reconstruction following tumor excision is of clinical importance, especially in long-term complications. Full-thickness reconstruction as a rule, is generally accepted. Here, we supposed establishment of strong support of auricular cartilage with well- nourished skin flaps which cause good cartilage embedding and re-epithelialization without corneal irritation or sever complication.

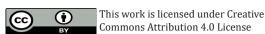
Conflict of Interest

None of the authors has a financial interest in any of the products or drugs mentioned in this article.

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